



Friday June 18 - Sunday June 20, 2021

Friday - Special Competitions

Saturday - Grades & Preliminary Championship

Sunday - Preliminary Championship 2nd Chance & Open Championship

Thorough COVID-19 safety protocols will be in place. Anyone who refuses to comply will be removed from the event.

Send entries by June 4, 2021 to avoid late fees.

Limited to the first 100 grades dancers & 85 championship dancers

Register online at www.feisworx.com

Hyatt Regency Dulles

2300 Dulles Corner Blvd. Herndon, VA 20171

Phone: 703-713-1234

Reserve by May 28th for the special rate of \$129

Should the feis be CANCELLED due to constraints relating to COVID-19, refunds will be processed, less a \$5 administrative fee per registration payment

Need more feis information?

Email: feisfleurdelis@gmail.com

Facebook: www.facebook.com/feisFDL

Syllabus approved by Maureen Armstrong, ADCRG, on behalf of the Southern Region on April 21, 2021

Entry Instructions

Register by following instructions and completing the online forms on www.feisworx.com.
Secure payments can be made online through FeisWorx or print the confirmation page and mail it to:

Feis Fleur de Lis
% FeisWorx
PO Box 2046
Parker, CO 80134-1411

Make checks payable to Muggivan School of Irish Dance

Fees

| | |
|---|---------------------------|
| Solos (per dance) | \$10 |
| Preliminary Championship (2 rounds) | \$40 |
| Open + Adult Championships (3 rounds) | \$45 |
| Specials (per dance) | \$12 |
| FeisWorx Fee (per dancer) | \$11 |
| Event Fee (per family) | \$30 |
| Late Fee #1 (after June 4th but before June 10th) | \$20 (max of \$40/family) |
| Late Fee #2 (on or after June 10th) | \$50 (max of \$70/family) |
| Family Max (does not include specials, encore/second chance, FeisWorx fee, event fee, or late fees) | \$125 |

Special Competitions - to be held Friday evening.

TRADITIONAL SET

Competitors will dance choice of traditional set. \$12 fee.

| | Non-champ | Champ |
|-----|-----------|-------|
| U10 | 504 | |
| U12 | 505 | 508 |
| U15 | 506 | 509 |
| 15+ | 507 | 510 |

PRELIMINARY CHAMPION NON TRADITIONAL SET

Open to preliminary champions only. Choice of set dance. \$12 fee

| | |
|-----|-----|
| U12 | 511 |
| U15 | 512 |
| 15+ | 513 |

STEP SPECIALS

Open to all competitors. 16 bars each. Soft shoe special is choice or reel OR slip jig. Hard shoe special is choice of hornpipe OR treble jig. \$12 fee.

| | Soft Shoe | Hard Shoe | Treble Reel |
|-----|-----------|-----------|-------------|
| u12 | 514 | 517 | 520 |
| u15 | 515 | 518 | 521 |
| 15+ | 516 | 519 | 522 |

MARDI GRAS ROYALTY SPECIAL

Open to all competitors. 32 bars of treble reel to choice of Mardi Gras themed music such as Mardi Gras Mambo or Iko Iko. \$12 fee

| | |
|-----|-----|
| u12 | 523 |
| u15 | 524 |
| 15+ | 525 |

NON DANCING COMPETITIONS

Art and baking must be dropped off by 7:30 Friday night. Music will be held Friday night. Art instructions: original artwork of any medium depicting Celtic theme. Baking instructions: deliver a baked entry (bread, fancy cake, etc) wrapped in plastic. Music instructions: prepare a traditional Celtic folk tune performance of no longer than 3 minutes to perform for the judge. \$12 fee each.

| | |
|--------|-----|
| Art | 526 |
| Baking | 527 |
| Music | 528 |

Solo Competitions

First feis, beginner, novice, prizewinner and preliminary will be held **Saturday**.
 Preliminary second chance and open will be held **Sunday**.

FIRST FEIS

Open to those who have NEVER competed at a feis before. \$10 fee per dance.

| | Reel |
|----|------|
| u5 | 501 |
| u7 | 502 |
| 7+ | 503 |

BEGINNER I

Open to those who have never placed 1st, 2nd, or 3rd for dance entered. Encore is second chance. \$10 fee per dance.

| | Reel | Light Jig | Single Jig | Slip Jig |
|------------|------|-----------|------------|----------|
| U5 | 1 | 2 | 3 | 4 |
| U7 | 6 | 7 | 8 | 9 |
| U9 | 11 | 12 | 13 | 14 |
| U11 | 16 | 17 | 18 | 19 |
| U13 | 21 | 22 | 23 | 24 |
| U15 | 26 | 27 | 28 | 29 |
| 15+ | 31 | 32 | 33 | 34 |
| U5 Encore | 601 | 602 | 603 | 604 |
| U7 Encore | 606 | 607 | 608 | 609 |
| U9 Encore | 611 | 612 | 613 | 614 |
| U11 Encore | 616 | 617 | 618 | 619 |
| U13 Encore | 621 | 622 | 623 | 624 |
| U15 Encore | 626 | 627 | 628 | 629 |
| 15+ Encore | 631 | 632 | 633 | 634 |

BEGINNER II

Open to those who have never placed 1st, 2nd, or 3rd for dance entered, but who have placed 1st, 2nd, or 3rd in Beginner I. Beginner I may dance hard shoe here. Encore is second chance.

\$10 fee per dance.

| | Reel | Light Jig | Single Jig | Slip Jig | Treble Jig | Hornpipe |
|------------|------|-----------|------------|----------|------------|----------|
| U5 | 36 | 37 | 38 | 39 | 40 | 41 |
| U7 | 43 | 44 | 45 | 46 | 47 | 48 |
| U9 | 50 | 51 | 52 | 53 | 54 | 55 |
| U11 | 57 | 58 | 59 | 60 | 61 | 62 |
| U13 | 64 | 65 | 66 | 67 | 68 | 69 |
| U15 | 71 | 72 | 73 | 74 | 75 | 76 |
| 15+ | 78 | 79 | 80 | 81 | 82 | 83 |
| U5 Encore | 636 | 637 | 638 | 639 | 640 | 641 |
| U7 Encore | 643 | 644 | 645 | 646 | 647 | 648 |
| U9 Encore | 650 | 651 | 652 | 653 | 654 | 655 |
| U11 Encore | 657 | 658 | 659 | 660 | 661 | 662 |
| U13 Encore | 664 | 665 | 666 | 667 | 668 | 669 |
| U15 Encore | 671 | 672 | 673 | 674 | 675 | 676 |
| 15+ Encore | 678 | 679 | 680 | 681 | 682 | 683 |

NOVICE

Open to those who have never placed 1st for dance entered, but who have placed 1st, 2nd, or 3rd in Beginner II. Encore is second chance. \$10 fee per dance.

| | Reel | Light Jig | Single Jig | Slip Jig | Treble Jig | Hornpipe |
|------------|------|-----------|------------|----------|------------|----------|
| U7 | 85 | 86 | 87 | 88 | 89 | 90 |
| U9 | 92 | 93 | 94 | 95 | 96 | 97 |
| U11 | 99 | 100 | 101 | 102 | 103 | 104 |
| U12 | 106 | 107 | 108 | 109 | 110 | 111 |
| U13 | 113 | 114 | 115 | 116 | 117 | 118 |
| U15 | 120 | 121 | 122 | 123 | 124 | 125 |
| 15+ | 127 | 128 | 129 | 130 | 131 | 132 |
| U7 Encore | 685 | 686 | 687 | 688 | 689 | 690 |
| U9 Encore | 692 | 693 | 694 | 695 | 696 | 697 |
| U11 Encore | 699 | 700 | 701 | 702 | 703 | 704 |
| U12 Encore | 706 | 707 | 708 | 709 | 710 | 711 |
| U13 Encore | 713 | 714 | 715 | 716 | 717 | 718 |
| U15 Encore | 720 | 721 | 722 | 723 | 724 | 725 |
| 15+ Encore | 727 | 728 | 729 | 730 | 731 | 732 |

PRIZEWINNER

Open to those who have previously placed 1st in novice for the dance entered. Encore is second chance. \$10 fee per dance.

| | Reel | Light Jig | Single Jig | Slip Jig | Treble Jig | Hornpipe |
|------------|------|-----------|------------|----------|------------|----------|
| U7 | 134 | 135 | 136 | 137 | 138 | 139 |
| U9 | 141 | 142 | 143 | 144 | 145 | 146 |
| U11 | 148 | 149 | 150 | 151 | 152 | 153 |
| U12 | 155 | 156 | 157 | 158 | 159 | 160 |
| U13 | 162 | 163 | 164 | 165 | 166 | 167 |
| U15 | 169 | 170 | 171 | 172 | 173 | 174 |
| 15+ | 176 | 177 | 178 | 179 | 180 | 181 |
| U7 Encore | 734 | 735 | 736 | 737 | 738 | 739 |
| U9 Encore | 741 | 742 | 743 | 744 | 745 | 746 |
| U11 Encore | 748 | 749 | 750 | 751 | 752 | 753 |
| U12 Encore | 755 | 756 | 757 | 758 | 759 | 760 |
| U13 Encore | 762 | 763 | 764 | 765 | 766 | 767 |
| U15 Encore | 769 | 770 | 771 | 772 | 773 | 774 |
| 15+ Encore | 776 | 777 | 778 | 779 | 780 | 781 |

ADULT SOLOS

Adult categories are defined in Feis Rules. Encore is second chance. \$10 fee per dance.

| | Reel | Light Jig | Single Jig | Slip Jig | Treble Jig | Hornpipe |
|------------------------------|------|-----------|------------|----------|------------|----------|
| Beginner/Beg II | 400 | 401 | 402 | 403 | 404 | 405 |
| Novice/Prizewinner | 407 | 408 | 409 | 410 | 411 | 412 |
| Beginner/Beg II Encore | 800 | 801 | 802 | 803 | 804 | 805 |
| Novice/Prizewinner Encore | 807 | 808 | 809 | 810 | 811 | 812 |

PRELIMINARY CHAMPIONSHIPS

Competitors will dance treble jig or hornpipe AND slip jig or reel. \$40 fee

| | |
|-------------------|-----|
| U8 | 200 |
| U10 | 201 |
| U12 | 202 |
| U14 | 203 |
| U16 | 204 |
| 16+ | 205 |
| U9 Second Chance | 300 |
| U11 Second Chance | 301 |
| U13 Second Chance | 302 |
| U15 Second Chance | 303 |
| U17 Second Chance | 304 |
| 17+ Second Chance | 305 |

OPEN CHAMPIONSHIPS

Competitors will dance treble jig or hornpipe AND slip jig or reel AND set dance. \$45 fee.

| | |
|-----|-----|
| U9 | 206 |
| U11 | 207 |
| U13 | 208 |
| U15 | 209 |
| U17 | 210 |
| 17+ | 211 |

CHAMPIONSHIPS

Adult championships will dance treble jig or hornpipe AND slip jig or reel AND traditional set dance. \$40 fee. Masters preliminary will dance treble jig or hornpipe AND slip jig or reel. \$40 fee. Masters open will dance treble jig or hornpipe AND slip jig or reel AND set dance. \$45 fee.

| | |
|---------------------|-----|
| Adult Championships | 212 |
| Masters Prelim | 213 |
| Masters Open | 214 |

FEIS RULES AND GENERAL INFORMATION

- 1) In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
- 2) Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. All dancers must be pupils of a person currently registered with An Coimisiun as a Dancing Teacher of any category
- 3) A competitor may be disqualified for any of the following reasons:
 - a) Conduct unbecoming a lady or gentleman.
 - b) Failure to report on time to compete. (Penalty: disqualification from said event).
 - c) Falsification of age or other important facts – i. e., teaching, award winning, competing under another competitor’s name or number, etc.
Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all registered Feiseanna for a period of one year beginning at the date of the occurrence.
 - d) Any competitor found to be “altering” their shoes or wearing them on the “wrong feet” will be treated in the same manner as is using carriage aids, and will be subject to disqualification from that particular competition. (CLRG AGM 2011)
- 4) Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This will not pertain to situation where competitors are involved in stage conflicts; in that case, the competition(s) will remain open for a reasonable amount of time to allow the dancer(s) in question to arrive at the stage and compete.
- 5) Solo competitors in Beginner, Advanced Beginner, Novice or Open (Prizewinner) competitions:
 - a) Must compete in their own age group.
 - b) Must be prepared to perform two steps in each event.
 - c) Cannot change competition on the day of the Feis.

6) Steel taps or “bubble” heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired. Dancers competing in First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt and blouse. All other categories are excluded from this rule. Modest attire is encouraged when competitor is not dancing. Costumes for both boys and girls should not include representations, such as globes, medals, or any other item symbolic of an award having been achieved effective Jan 1, 2013. (CLRG AGM 2012) Costume or costuming is defined as any element of performance/presentation clothing, worn by a dancer in the course of a competition, including but not limited to dress, waistcoat, trousers, shoes, headgear, capes, shawls, socks and underwear. (CLRG AGM 2012)

7) Competitor’s number must be worn and visible to adjudicators when performing in all competitions, except in Championships; use of plastic number covers is discouraged.

8) Awards will be determined in proportion to the number of entries in each competition and to the degree of proficiency shown.

9) Complaints must be in writing stating names and other factual information and signed by the complainant. A ten dollar fee (cash) must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.

10) The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage.

Destruction of Feis property or rental property will be punishable by law.

11) The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor’s performing time. The decision of the Feis committee is final in all matters connected with the Feis.

12) Competitors must answer all questions as required by the Feis Entry committee, including teacher’s name, and enclose the entry fee when mailing. Failure to do so will result in a rejected entry. Entries must be postmarked on or before the closing date or they will be subject to a late fee as determined by the Feis committee and published on the syllabus and/or entry form.

There will be no refunds of entry fees for any reason.

13) Open Championships:

a) Entrants in any Open Championship event may not enter in any other regular grade solo events, but may enter in Figure Dances and/or special competitions for which they are eligible (e.g. traditional set, treble reel, non-traditional set dance).

b) Entrants in Open Championships should specify, on the entry form, their choice of set dance.

c) Open Championship competitions in the minimum required age groups must be offered separately in the syllabus, yet the feis committee may combine an age group with the next higher age group if there are fewer than 5 competitors entered in the lower age group. A feis committee is not permitted to combine dancers from one open championship age group with any age group which is more than one age group higher than the age group in which the dancers are entered.

d) A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men) and a set dance. A Feis can also opt to require a third dance (choice of jig/hornpipe

e) Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e. two 1st place wins.

f) Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship.

14) Girls and Boys competitions in Open Championships will be combined in the syllabus. If three or more boys are entered in a specific age group in a combined Open Championship competition, the boys and girls must be split into separate competitions. If separate Boys & Girls competitions in Open Championships are offered in the syllabus, they may not be combined under any circumstances on the day of the feis.

15) Preliminary Championships:

a) are open to those who, at any NAFC recognized Feis:

1. Have placed 1st in both an Open (Prizewinner) light and heavy shoe competition, and
2. Have never won 1st, 2nd or 3rd in Open Championship.

b) A dancer who wins two First Place Preliminary Championship awards in one calendar year will move on to Open Championship the following year (as of Jan 1); if the second first-place win does not occur within the same feis year as the first win, as soon as the second win is achieved, in any age category, the dancer must move up to Open Championship level immediately. Only in the case of back-to-back Feiseanna (successive days), the first win in the first Feis will not change the dancer's status for the second Feis.

c) A dancer in preliminary championship is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men) and a hard shoe dance. A Feis can opt to offer either (a) a set dance or (b) a jig/hornpipe or (c) both a set dance and jig/hornpipe.

d) Boys and girls will be combined in preliminary championships.

e) Preliminary Championship competitions must be offered separately in the syllabus for the minimum required age groups, yet the feis committee may combine an age group with the next higher age group if there are fewer than 5 competitors entered in the lower age group. A feis committee is not permitted to combine dancers from one preliminary championship age group with any age group which is more than one age group higher than the age group in which the dancers are entered.

16) Open Championships and Preliminary Championships require at least three adjudicators.

17) First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. If, after competing for two full feis years at the Open Championship level, a dancer has not placed first, second or third, he/she may opt to return to Preliminary Championship status.

18) The status of the dancer does not change unless there are five or more dancers in a competition.

19) In championship events or solo set dance events: Introductions for set dances will be played only once and competitors must set their speeds during that one playing, no variation in speed will be allowed once dancing is due to commence. Dancers beginning before or after the stipulated set-dance introduction will automatically receive a zero for that round from the/or all adjudicators. (CLRG AGM 2011)

20) Grade Category Definitions:

Beginner Grade: A beginner is a competitor who has not taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Advanced Beginner category the next year.

Advanced Beginner Grade: An Advanced Beginner who wins 1st, 2nd, or 3rd place will advance to the Novice category in that particular dance.

Novice Grade: A Novice dancer who wins a 1st place in a dance will advance to the Open (Prizewinner) category in that particular dance. In addition, if there are twenty or more dancers, a dancer who wins 1st place or 2nd place in a dance will advance to the Open/Prizewinner category in that particular dance. (Dec 2012)

Open Grade (Prizewinner): A competitor who does not qualify as a Beginner, Advanced Beginner or Novice.

Adult Dancer: An adult dancer beyond Beginner is defined as any dancer who start Irish dancing at the age of 18 or older, or any dancer 18 or older who has not competed in at least five years in a Youth competition AND has never placed in the top three in a youth Preliminary competition of more than five competitors.

(a) All Southern Region feiseanna must offer Adult competitions, including Adult championships, starting May 1, 2021.

(b) Dancers competing at the Adult Championship level may move to Masters Prelim level per teacher's discretion.

(c) Only dancers who meet the definition of "Adult dancer" may compete in Adult ceili competitions.

(d) Southern Region offers separate solo championship competitions for Adults at our regional Oireachtas starting in 2021, with traditional set as the third round for Adults.

Adult Beginner: An Adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.

Other Adult grades follow the descriptions above.

Masters Preliminary and Masters Open: A dancer over the age of 25 currently competing in either youth championship level may move at any time into the corresponding Masters level, but will then no longer be eligible to compete in a youth solo championship.

(a) All Masters Levels consist of one light round (reel or slip jig) and one heavy shoe (treble jig or hornpipe) to facilitate the possibility of merging at Southern Region feiseanna. Feiseanna may offer additional Masters level competitions, including traditional set, non-traditional set, etc.

(b) Masters level dancers progress from Prelim to Open, youth competition rules apply. A win in any combined Masters competition of five or more competitors would count towards that progression.

© All southern Region feiseanna may combine the Masters levels into one competition in the event that fewer than five Masters Preliminary level dancers are entered.

(e) All Southern Region feiseanna must offer Masters level competitions starting May 1, 2021.

(f) Masters level solo dancers competing in ceilis must compete in the Youth ceili categories

(g) Southern Region offers separate solo championship competitions for Masters at our regional Oireachtas starting in 2021, with nontraditional set as the third round for Masters.

Other:

- (a) Competitors have the option to remain in the same category for the remainder of the Feis year (until the following January 1).
- (b) The syllabus must contain all Grade Categories.
- (c) Boys and girls enter the appropriate age group in the appropriate grade for each dance; after entries have been closed, in any competition where five or more boys are entered, the feis committee will run a separate competition for these boys.
- (d) A feis committee may only combine two consecutive calendar year age groups (within that grade only) when fewer than five (5) competitors are entered in either age group, with the exception of the oldest age group listed.
- 21) Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
- 22) Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
- 23) Teachers or team captains are responsible that their teams are complete and in position when the competition is announced. Competitors may compete in a higher age group, however a competitor may compete in only one age group.
- 24) In matters pertaining to adjudication, the decision of the adjudicators is final.
- 25) Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
- 26) First Feis (if offered), Beginner, Advanced Beginner and Adult dancers are required to dance at traditional speeds only. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.
- 27) Any form of unauthorized photography which has the capability to capture a dancer's image while in motion, using electronic or manual means, i.e. mobile phone, standard camera, video camera, or commercial film, with or without enhancement is expressly forbidden in competition except in Beginner and Advanced Beginner Categories. (CLRG AGM 2011)
- 28) No block, en pointe, toe walking movements, stationary or moving, is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
- 29) Make-up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner and Advanced Beginner or their equivalent) up to and including the under 12 age group.
- 30) Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.
- 31) No substance that can become airborne should be used on any dance floor in an attempt to improve traction.