

# Dance For Life Feis 2026

Hosted by Haley Prendergast  
School of Irish Dance

***Saturday, July 25, 2026***

Also join us for the Robert Haley Memorial Feis on Sunday, July 26<sup>th</sup>.  
This is a standalone feis with competitions for all age groups and levels.  
You must register for the Robert Haley Memorial feis separately at [www.feisworx.com](http://www.feisworx.com)

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REGISTER FOR THE FEIS VIA [WWW.FEISWORX.COM](http://WWW.FEISWORX.COM)

***Registration closes July 10, 2026***

Late Registration will incur an additional fee  
Syllabus and additional information also available at  
[www.hpirishdance.com](http://www.hpirishdance.com)

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**Adjudicators:**

Zack Warshaw, ADCRG  
Annie Darlington, ADCRG  
Katie Dean, ADCRG  
Kelly Sullivan, TCRG  
Lisa Power Steinmetz, TCRG  
TBA

**Musicians:**

Merv Bell  
Louis LeMesurier

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**Olympia High School**  
**1302 North Street SE, Olympia, WA 98501**

**Hotel & Visitor Information**

For more information on hotels and fun activities in the area visit our website at [www.hpirishdance.com](http://www.hpirishdance.com)

**Registered with An Coimisiún le Rincí Gaelacha**

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*Updated 5/2/26*

## Schedule:

**Saturday, July 25:**

**Competitions will begin at 9:00 at Olympia High School**

- Open Championships – All ages
- Preliminary Championships – All ages
- Solos (Grade levels) – All ages
- Adult Solos & Championships
- All special trophy dances for all levels and ages
- Open Champion Dance off will be held at the 30<sup>th</sup> Anniversary Celebration after the competition.

***This is a tentative schedule and is subject to change based on actual registration.***

## 2026 Dance for Life Feis Fees

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Open Championship	\$60.00
Preliminary Championship (3 rounds)	\$60.00
Solos, flat fee light shoe	\$25.00
Solos, flat fee hard shoe	\$25.00
Specials (each)	\$10.00
Soda Bread competition	Free
Family Registration Fee	\$30.00
Late Fee: <b><i>Entries accepted between 7/11 – 7/18</i></b>	\$25.00
<b><i>Entries accepted after July 18</i></b>	\$50.00

### Please Note:

- This feis accepts only US funds drawn on a US bank. There is no exception to this policy. Checks should be made payable to: *"HPID/Dance for Life"*.
- The Family Registration Fee includes access to online results; no printed results will be sold at the feis.
- The Family Maximum is \$180.00. This excludes any specials, family registration and late fees.
- **Dancers who have moved up in level at the Dance for Life Feis, and who are registered to compete in the Robert Haley Memorial Feis the following day, have the option to change their level for the Robert Haley Memorial feis. All changes in level that Feis must be done by 5:00 on Saturday, July 25. A \$10.00 per dancer fee will be charged to process level changes.**



<b>First Feis</b>	<b>U9</b>	<b>U11</b>	<b>11 &amp; 0</b>			
<b>REEL</b>	4	8	12			
<b>LIGHT JIG</b>	5	9	13			
<b>Single Jig</b>	6	10	14			
<b>Slip Jig</b>	7	11	15			

<b>Beginner 1</b>	<b>U7</b>	<b>U9</b>	<b>U11</b>	<b>11&amp;0</b>		
<b>REEL</b>	101	108	115	122		
<b>LIGHT JIG</b>	102	109	116	123		
<b>SLIP JIG</b>	103	110	117	124		
<b>SINGLE JIG</b>	104	111	118	125		
<b>TREBLE JIG</b>	105	112	119	126		
<b>HORNPIPE</b>	106	113	120	127		
<b>St. Patricks</b>	107	114	121	128		

<b>Beginner 2</b>	<b>U7</b>	<b>U9</b>	<b>U11</b>	<b>11&amp;0</b>		
<b>REEL</b>	201	208	215	222		
<b>LIGHT JIG</b>	202	209	216	223		
<b>SLIP JIG</b>	203	210	217	224		
<b>SINGLE JIG</b>	204	211	218	225		
<b>TREBLE JIG</b>	205	212	219	226		
<b>HORNPIPE</b>	206	213	220	227		
<b>St. Patricks</b>	207	214	221	228		

<b>Novice</b>	<b>U9</b>	<b>U11</b>	<b>U13</b>	<b>13&amp;0</b>		
<b>REEL</b>	301	308	315	322		
<b>LIGHT JIG</b>	302	309	316	323		
<b>SLIP JIG</b>	303	310	317	324		
<b>SINGLE JIG</b>	304	311	318	325		
<b>TREBLE JIG</b>	305	312	319	326		
<b>HORNPIPE</b>	306	313	320	327		
<b>TRAD SET</b>	307	314	321	328		

<b>Prizewinner</b>	<b>U9</b>	<b>U11</b>	<b>U13</b>	<b>U15</b>	<b>15 &amp; 0</b>	
<b>REEL</b>	401	408	415	422	429	
<b>LIGHT JIG</b>	402	409	416	423	430	
<b>SLIP JIG</b>	403	410	417	424	431	
<b>SINGLE JIG</b>	404	411	418	425	432	
<b>TREBLE JIG</b>	405	412	419	426	433	
<b>HORNPIPE</b>	406	413	420	427	434	
<b>TRAD SET</b>	407	414	421	428	435	

Adult Competitions							
Adult Solos	Reel	Light Jig	Slip Jig	Single Jig	Treble Jig	Hornpipe	Trad Set
<b>Beginner 1 &amp; 2</b>	600	601	602	603	604	605	606
<b>Novice/PW</b>	610	611	612	613	614	615	616

*Adults:*

*Beginner 1 & 2 (combined): Adults must dance the treble jig and hornpipe to the traditional speed and dance the St. Patrick's Day set dance for their Traditional Set.*

*Novice & PW (combined): Adults may choose traditional or slow speed for Treble Jig and Hornpipe and any traditional set dance.*

## Championships Competitions

	U9	U11	U13	U15	15 & Over	U17	17 & Over	Adult
<b>PRELIMINARY CHAMPIONSHIPS</b>	701	702	703	704	705			Adult Champ. 706
<b>OPEN &amp; Adult CHAMPIONSHIPS</b>	712	713	714	715		716	717	Adv. Adult Champ. 718

- ⌘ Preliminary & Open Championship will dance 3 rounds: Soft Shoe, Hard Shoe & Set. Each round will be awarded separately.
- ⌘ Preliminary & Open Championship entrants in the U9 championships must dance a traditional set.
- ⌘ The combined scores for all three rounds will be calculated to award the overall Championship placement.
- ⌘ Adults Championship will dance 3 rounds: Soft shoe, Hard shoe and traditional set of their choice
- ⌘ Advanced Adult Championship will dance 3 rounds: Soft shoe, Hard shoe and choice of set dance.
- ⌘ **John & Peggy Prendergast Memorial Trophy:** The first & Second place winners in each Open Championship are invited to compete for this perpetual cup. Dancers will perform their soft shoe and set.
- ⌘ We will begin each championship with the soft shoe round.

## Trophy & Cultural Competitions

Trophy Specials*	U11	U13	13&O	Adult	
<b>First Feis Reel</b>	907	914	921		
<b>Beginner 1 Reel</b>	908	915	922		
<b>Advanced Beginner Reel</b>	909	916	923		
<b>Novice Reel</b>	910	917	924		
<b>Prizewinner Reel</b>	911a	918a	925a		
<b>Prizewinner Treble Reel</b>	911b	918b	925b		
<b>Champ Treble Reel</b>	912	919	926		
<b>Champ traditional Set</b>		920	927		
<b>Adult Reel Special (beginner/novice/Prizewinner)</b>				928	
<b>Adult Reel Special (adult &amp; advanced adult)</b>				929	
* Dancers may only register for the trophy dance at the current level of their reel.					
Cultural Competitions	U18	Adult			
Soda Bread Competition	930	931			
<b>Please submit 1 loaf of your homemade Irish Soda Bread to the registration desk by 10:00 am. Bread should be wrapped securely and clearly marked with the entrant's name and school affiliation. No pre-registration is required.</b>					

### Dancing Competition Rules

1. Rules of the Western US regional Council are included by reference.
2. Competitor's age will be determined as of January 1, 2026.
3. Dancers must be students of a certified teacher registered with CLRG and their regional council.
4. Competitors must be in the hall, prepared to dance, **one hour prior** to the scheduled beginning of their event. Competitions may start up to 60 minutes prior to the printed schedule.
5. Refer to the [CLRG Costume Rules](#) for rules about costumes, make-up, shoes, etc. Dancers must appear in appropriate costumes for all competitions including any blind special.
6. Dancers who appear in competitions for which they are not registered will not be eligible for placement or awards.
7. When awards are announced from the stage, competitors **must be in costume, including dance shoes**, to receive their awards.
8. When feasible, the feis committee will make every effort to combine competitions to insure 5 or more competitors in each dance. Competitions will be split if the registered number in that competition exceeds 25.
9. Haley Prendergast School of Irish Dance, The Olympia School District, the Feis Committee and anyone associated with putting on the Feis, shall not be held responsible or liable for any personal injury, property loss, or damage incurred before, during, or after the feis, by any participants or by anyone attending the event.



## LEVEL DEFINITIONS AND ADVANCEMENT RULES

**First Feis** is not per dance. It is the first Feis ever for the dancer. Dancers may only enter First Feis once, regardless of how many dances they are competing, even in the case of back-to-back Feiseanna.

In **Beginner 1, Beginner 2 and Novice** the following advancement rules will apply:

- Competitions with 5 - 9 dancers: 1<sup>st</sup> place will advance to the next grade.
- Competitions with 10 or more dancers: 1<sup>st</sup> and 2<sup>nd</sup> places will advance to the next grade.
- Dancers may not stay in level at teacher discretion, with the exception of back-to-back feiseanna.

**Prizewinner:** Advancement from Prizewinner to Preliminary Championship is at teacher discretion.

**Preliminary to Open Championship:**

- Dancer must have 3 overall wins in competitions with 5 or more dancers. Advancement to Open is not at teacher discretion.
- Upon winning 3rd overall win in Preliminary Championships, a dancer must move immediately to Open, even in the case of back-to-back Feiseanna. This includes 2-round and 3-round Preliminary Championships.

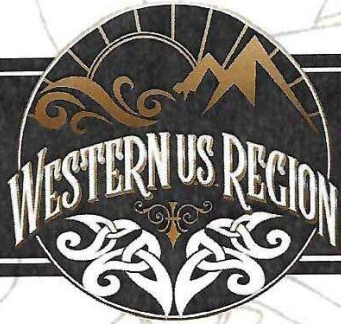
**Adults:** Dancers who started after the age of 18, or who have been out of Youth/&over competition for 5 years.

**Advanced Adults:** Dancers age 18 or older who previously placed in the top 3 of a Preliminary Championship or competed at the Open Championship level in the youth/&over levels, regardless of when the competitor was last active.

- Advanced Adults do not need to be out of competition for 5 years before moving from the youth/&over categories to Advanced Adults.
- Dancers who have already been competing in the regular Adult categories do not need to move to Advanced Adults, regardless of their level or placements achieved when competing in youth/&over.
- An Advanced Adult dancer has opted to leave Youth/&over categories, and once the dancer begins competing in Advanced Adult, the dancer may not return to Youth/&over categories.

**Beginner Figures:** Open only to dancers in beginner for at least one solo dance.

**Open Figures:** Open to all grade levels.



# SYLLABUS APPROVAL

## DANCE FOR LIFE FEIS 2026

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IS REGISTERED WITH THE  
WESTERN U.S. REGIONAL COUNCIL

SYLLABUS APPROVED BY:

*Annie Darlington*

ADCRG - SERGEANT AT ARMS

MAY 2, 2026

DATE