

# Colorado Gold Feis 2025



**Saturday, September 13, 2025**

**Prospect Ridge Academy High School, 16501 Alcott Way, Broomfield, CO 80023**

**Adjudicators:**

Judy DiNapoli, ADCRG

Doireann Hoy, ADCRG

Tara Reid, ADCRG

Tina Shelley, ADCRG

TBA

**Musicians:**

Roen Fraser

Evelyn Thom

**Register at [www.feisworx.com](http://www.feisworx.com)**

**Entry deadline Friday, August 29, 2025**

Late entries accepted online through Friday, September 5 for a \$25 fee, and in person September 13 for a \$50 fee  
Please make any checks payable to "Heritage"

## **Tentative Schedule**

*Please check Feisworx for the final schedule the week of the feis*

**Champion Room--9:00 a.m. start**, running oldest age groups to youngest

**Grade Room--9:00 a.m. start**—Beginner 1 and Beginner 2 first, followed by Novice and Prizewinner

**Middle of the day**—Bill Bennett Memorial Special and Figures

## **Entry fees:**

*This feis has a no refunds policy; we apologize for any inconvenience.*

Open Championships & Advanced Adult Championship \$55.00

Preliminary Championships & Adult Championship \$45.00

Solos, flat fee soft shoe \$25.00

Solos, flat fee hard shoe \$20.00

Specials \$10 each

Figures, flat fee \$10

Family fee \$25

Feisworx fee \$8 per family\*

Family Maximum (excludes fees and specials) \$160.00

*\*The Feisworx fee includes online personal results for all competitors.*

## **Note for dancers competing at the Colorado Summerset Feis on Sunday, September 14:**

Any dancers who move up in level at Colorado Gold Feis on Saturday can pay a \$15 fee to change competitions for Colorado Summerset Feis on Sunday.

Feisworx can make these changes **starting Sunday morning** (not on Saturday afternoon). Please plan on arriving a little early on Sunday to give yourself time to get your competition changed. Thanks!

## **Requirement for Specials**

Treble Reel—each dancer will do 1 step of the hard shoe reel down the line. Grades and Champions will have separate competitions.

Prelim Set—dancers will perform a non-traditional set of their choice (U9 and Adult Dancers may perform either a traditional set or a non-traditional set). Open to Preliminary Champions and Adult Champions.

Bill Bennett Memorial Family Specials—these specials will honor “Mr. Bill,” who learned how to dance when he was 40 years old so that he could compete in the Parent-Child 2-Hand with his daughter Alexa. Dancers can do a soft shoe group dance of any size (2-hands, 3-hands, 4-hands, etc) with other family members. There will be two different competitions: one will be open to groups where all the members have previously competed in solo dancing, while the other will be open to groups where one or more members have not (previous family dancing events do not count). This is a great opportunity for dancers to teach Mom and Dad how to do a 3-hand! Dances can be reels or jigs, and each group will have 56 total bars of music (an 8-bar intro + 3 full steps).

<b>Bill Bennett Memorial Family Specials</b>	All Ages					
Group is made up of all competitive dancers	990					
Group has one or more non-competitive dancers	980					

**Solo Competitions:** grade dancers will go two at a time and perform 32 bars of each dance, except for the traditional set competitions, where dancers will go three at a time and perform the entire dance.

<b>First Feis</b>	<b>U11</b>	<b>11&amp;O</b>		
Reel	001	002		
Light Jig	003	004		

<b>Beginner 1</b>	<b>U7</b>	<b>U9</b>	<b>U11</b>	<b>11&amp;O</b>
Reel	103	105	107	108
Light Jig	117	119	121	122
Slip Jig	131	133	135	136
Single Jig	146	148	150	151
Double Jig	161	163	165	166
Hornpipe	173	175	177	178
St. Patrick's Day	186	188	190	191

<b>Beginner 2</b>	<b>U7</b>	<b>U9</b>	<b>U11</b>	<b>11&amp;O</b>
Reel	203	205	207	208
Light Jig	217	219	221	222
Slip Jig	231	233	235	236
Single Jig	246	248	250	251
Double Jig	261	263	265	266
Hornpipe	273	275	277	278
St. Patrick's Day	286	288	290	291

<b>Novice</b>		<b>U9</b>	<b>U11</b>	<b>U13</b>	<b>13&amp;O</b>
Reel		305	307	309	310
Light Jig		319	321	323	324
Slip Jig		333	335	337	338
Single Jig		348	350	352	353
Double Jig		363	365	367	368
Hornpipe		375	377	379	380
Traditional Set		388	390	392	393

<b>Prizewinner</b>		<b>U9</b>	<b>U11</b>	<b>U13</b>	<b>U15</b>	<b>15&amp;O</b>
Reel		405	407	409	411	412
Light Jig		419	421	423	425	426
Slip Jig		433	435	437	439	440
Single Jig		448	450	452	454	455
Double Jig		463	465	467	469	470
Hornpipe		475	477	479	481	482
Traditional Set		488	490	492	494	495

<b>Specials</b>	<b>U9</b>	<b>U11</b>	<b>U13</b>	<b>U15</b>	<b>15&amp;O</b>	<b>Adult</b>
Grade Treble Reel	903	904	906	908	910	914
Champ Treble Reel	932	933	935	937	939	945
Prelim Set Dance	950	951	952	953	954	960

<b>Championships</b>						
<b>Preliminary</b>	<b>U9</b>	<b>U11</b>	<b>U13</b>	<b>U15</b>	<b>15&amp;O</b>	
	702	704	706	708	709	
<b>Open</b>	<b>U9</b>	<b>U11</b>	<b>U13</b>	<b>U15</b>	<b>U17</b>	<b>17&amp;O</b>
	752	754	756	758	760	761

Requirements: Preliminary Champions will compete with 2 rounds—reel or slip jig and double jig or hornpipe. Open Champions will compete with 3 rounds—reel or slip jig, double jig or hornpipe, and set dance. All U9 Opens must compete with a traditional set dance. Championship competitions will start with the soft shoe round, and dancers will go two at a time.

<b>Adults</b>					
<b>Adult</b>	<b>Beginner</b>	<b>Novice</b>	<b>PZ</b>		<b>Figures</b>
Reel	602	603	604		2-hand 875
Light Jig	606	607	608		3-hand 876
Slip Jig	609	610	611		4-hand 877
Single Jig	612	613	614		6-hand 878
Double Jig	615	616	617		8-hand 879
Hornpipe	618	619	620		
St Patrick's Day	621				
Traditional Set		622	623		
Adult Championship				624	
Advanced Adult Championship				625	

Adults will go two at a time and perform 32 bars of each dance, except for the traditional set competitions, where dancers will go three at a time and perform the entire dance.

In Adult Championship, dancers will compete with 2 rounds—reel or slip jig and double jig or hornpipe. Advanced Adults will compete with 3 rounds—reel or slip jig, double jig or hornpipe, and set dance. Dancers will go two at a time and start with the soft shoe round.

<b>Figures</b>					
<b>Beginner Figures</b>	<b>U8</b>	<b>U10</b>	<b>U12</b>	<b>12&amp;O</b>	
2-hand Reel	801	803	805	806	
3-hand Reel	811	813	815	816	
<b>Open Figures</b>	<b>U8</b>	<b>U10</b>	<b>U12</b>	<b>U15</b>	<b>15&amp;O</b>
2-hand Reel	823	825	827	829	830
3-hand Reel	834	836	838	840	841
4-hand (book)	843	845	847	849	850
6-hand (book)	854	856	858	860	861
8-hand (book)	863	865	867	869	870



# SYLLABUS APPROVAL

## COLORADO GOLD FEIS 2025

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IS REGISTERED WITH THE  
WESTERN U.S. REGIONAL COUNCIL

SYLLABUS APPROVED BY:

*Annie Darlington*

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ADCRG - SERGEANT AT ARMS

JUNE 23, 2025

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DATE



# LEVEL DEFINITIONS AND ADVANCEMENT RULES

**First Feis** is not per dance. It is the first Feis ever for the dancer. Dancers may only enter First Feis once, regardless of how many dances they are competing, even in the case of back-to-back Feiseanna.

In **Beginner 1, Beginner 2 and Novice** the following advancement rules will apply:

- Competitions with 5 - 9 dancers: 1<sup>st</sup> place will advance to the next grade.
- Competitions with 10 or more dancers: 1<sup>st</sup> and 2<sup>nd</sup> places will advance to the next grade.
- Dancers may not stay in level at teacher discretion, with the exception of back-to-back feiseanna.

**Prizewinner:** Advancement from Prizewinner to Preliminary Championship is at teacher discretion.

## **Preliminary to Open Championship:**

- Dancer must have 3 overall wins in competitions with 5 or more dancers. Advancement to Open is not at teacher discretion.
- Upon winning 3rd overall win in Preliminary Championships, a dancer must move immediately to Open, even in the case of back-to-back Feiseanna. This includes 2-round and 3-round Preliminary Championships.

**Adults:** Dancers who started after the age of 18, or who have been out of Youth/&over competition for 5 years.

**Advanced Adults:** Dancers age 18 or older who previously placed in the top 3 of a Preliminary Championship or competed at the Open Championship level in the youth/&over levels, regardless of when the competitor was last active.

- Advanced Adults do not need to be out of competition for 5 years before moving from the youth/&over categories to Advanced Adults.
- Dancers who have already been competing in the regular Adult categories do not need to move to Advanced Adults, regardless of their level or placements achieved when competing in youth/&over.
- An Advanced Adult dancer has opted to leave Youth/&over categories, and once the dancer begins competing in Advanced Adult, the dancer may not return to Youth/&over categories.

**Beginner Figures:** Open only to dancers in beginner for at least one solo dance.

**Open Figures:** Open to all grade levels.