

De Barra Academy

IS PROUD TO PRESENT

Inaugural
South Bay Feis

Sunday, November 9th, 2025

at the

Hilton Los Angeles Airport

5711 W Century Blvd, Los Angeles, CA 90045

Group reservation rate: \$169/night plus taxes and fees

<https://book.passkey.com/go/debd2025>

Adjudicators

Colleen Farrell Martin, ADCRG – New Jersey

Lexa Hickey, ADCRG – New Jersey

Matthew Martin, ADCRG – New Jersey

Ursula Quigley-Moore, ADCRG – Ireland

Zack Warshaw, ADCRG – Washington

TBD

Musicians

Roen Fraser – Colorado

Chris McLoughlin – New Jersey

Entry Deadline without Late Fees: October 20, 2025

Enter online at www.feisworx.com

Member of

An Coimisiún Le Rincí Gaelacha

The Irish Dance Teachers Association of North America

Western U.S. Regional Council Inc.



SYLLABUS APPROVAL

SOUTH BAY FEIS 2025

IS REGISTERED WITH THE
WESTERN U.S. REGIONAL COUNCIL

SYLLABUS APPROVED BY:

Annie Darlington

ADCRG - SERGEANT AT ARMS

AUGUST 24, 2025

DATE



LEVEL DEFINITIONS AND ADVANCEMENT RULES

First Feis is not per dance. It is the first Feis ever for the dancer. Dancers may only enter First Feis once, regardless of how many dances they are competing, even in the case of back-to-back Feiseanna.

In **Beginner 1, Beginner 2 and Novice** the following advancement rules will apply:

- Competitions with 5 - 9 dancers: 1st place will advance to the next grade.
- Competitions with 10 or more dancers: 1st and 2nd places will advance to the next grade.
- Dancers may not stay in level at teacher discretion, with the exception of back-to-back feiseanna.

Prizewinner: Advancement from Prizewinner to Preliminary Championship is at teacher discretion.

Preliminary to Open Championship:

- Dancer must have 3 overall wins in competitions with 5 or more dancers. Advancement to Open is not at teacher discretion.
- Upon winning 3rd overall win in Preliminary Championships, a dancer must move immediately to Open, even in the case of back-to-back Feiseanna. This includes 2-round and 3-round Preliminary Championships.

Adults: Dancers who started after the age of 18, or who have been out of Youth/&over competition for 5 years.

Advanced Adults: Dancers age 18 or older who previously placed in the top 3 of a Preliminary Championship or competed at the Open Championship level in the youth/&over levels, regardless of when the competitor was last active.

- Advanced Adults do not need to be out of competition for 5 years before moving from the youth/&over categories to Advanced Adults.
- Dancers who have already been competing in the regular Adult categories do not need to move to Advanced Adults, regardless of their level or placements achieved when competing in youth/&over.
- An Advanced Adult dancer has opted to leave Youth/&over categories, and once the dancer begins competing in Advanced Adult, the dancer may not return to Youth/&over categories.

Beginner Figures: Open only to dancers in beginner for at least one solo dance.

Open Figures: Open to all grade levels.

SOLO COMPETITIONS

Competitions will be split or combined based on entries at the discretion of the feis committee.

Beginner I	U7	U8	U9	U10	U11	11&O
Reel	114	121	128	135	142	177
Light Jig	115	122	129	136	143	178
Slip Jig	116	123	130	137	144	179
Single Jig	117	124	131	138	145	180
Treble Jig	118	125	132	139	146	181
Hornpipe	119	126	133	140	147	182
St. Patrick's Day	120	127	134	141	148	183

Beginner II	U7	U8	U9	U10	U11	11&O
Reel	214	221	228	235	242	277
Light Jig	215	222	229	236	243	278
Slip Jig	216	223	230	237	244	279
Single Jig	217	224	231	238	245	280
Treble Jig	218	225	232	239	246	281
Hornpipe	219	226	233	240	247	282
St. Patrick's Day	220	227	234	241	248	283

Novice	U8	U9	U10	U11	U12	U13	13&O
Reel	321	328	335	342	349	356	377
Light Jig	322	329	336	343	350	357	378
Slip Jig	323	330	337	344	351	358	379
Single Jig	324	331	338	345	352	359	380
Treble Jig	325	332	339	346	353	360	381
Hornpipe	326	333	340	347	354	361	382
Traditional Set	327	334	341	348	355	362	383

Prizewinner	U8	U9	U10	U11	U12	U13	U14	U15	15&O
Reel	421	428	435	442	449	456	463	470	477
Light Jig	422	429	436	443	450	457	464	471	478
Slip Jig	423	430	437	444	451	458	465	472	479
Single Jig	424	431	438	445	452	459	466	473	480
Treble Jig	425	432	439	446	453	460	467	474	481
Hornpipe	426	433	440	447	454	461	468	475	482
Traditional Set	427	434	441	448	455	462	469	476	483

Adult	Beg	Nov	PW
Reel	600	607	614
Light Jig	601	608	615
Slip Jig	602	609	616
Single Jig	603	610	617
Treble Jig	604	611	618
Hornpipe	605	612	619
St. Patrick's Day	606	--	--
Traditional Set	--	613	620

CHAMPIONSHIPS

Competitions will be split or combined based on entries at the discretion of the feis committee.

PRELIMINARY & ADULT CHAMPIONSHIP REQUIREMENTS:

- Treble Jig (48 bars) or Hornpipe (40 bars)
- Reel (48 bars) or Slip Jig (40 bars)

PRELIMINARY CHAMPIONSHIPS

Open to any dancer who has not placed 1st in three Preliminary Championships.

U9	U10	U11	U12	U13	U14	U15	U16	U17	U19	U22	22&O
701	702	703	704	705	706	707	708	709	710	711	712

Adult

631

OPEN & ADVANCED ADULT CHAMPIONSHIPS REQUIREMENTS:

- Treble Jig (48 bars) or Hornpipe (40 bars)
- Reel (48 bars) or Slip Jig (40 bars)
- Set Dance (traditional set dance only for U9)

U9	U10	U11	U12	U13	U14	U15	U16	U17	U19	U22	22&O
751	752	753	754	755	756	757	758	759	760	761	762

Adv.

Adult

641

TEAMS

To be eligible for Beginner Figure Dancing, a competitor must be entered in at least one Beginner Solo dance at this feis.

Beginner Figures	U8	U10	U12	12&O
2-Hand	801	811	821	841
3-Hand	802	812	822	842

Open/Adult Figures	U8	U10	U12	U15	15&O	Adult
2-Hand	851	861	871	881	891	651
3-Hand	852	862	872	882	892	652
4-Hand*	853	863	873	883	893	653
6-Hand*	854	864	874	884	894	654
8-Hand*	855	865	875	885	895	655

* Must be a Book Dance

SPECIAL COMPETITIONS

REEL SPECIALS

One step reel “down the line”. Please note, Beginner Reel specials are open to those dancers entered in Reel at the Beginner I or Beginner II level in the feis. Novice/Prizewinner Reel specials are open to all dancers entered in the Reel at the Novice or Prizewinner level in the feis.

	U7	U9	U11	11&O	
Beginner I/II	901	903	905	907	
	U7	U9	U11	U13	13&O
Novice/Prizewinner	911	913	915	917	919
Adult Reel Special					920

SPECIAL TROPHY COMPETITIONS

Future Champions Special	921	A practice championship for the upcoming Oireachtas! Open to all Beginner to Prizewinner dancers. Requirements: <ul style="list-style-type: none">• Jig (48 bars) or Hornpipe (40 bars)• Reel (48 bars) or Slip Jig (40 bars) <i>Competition will be split by age based on entries.</i>
Preliminary Hard Shoe Special	922	Open to all Preliminary Champions. Requirements: Jig or Hornpipe, 1 step down the line.
Open Hard Shoe Special	923	Open to all Open Champions. Requirements: Jig or Hornpipe, 1 step down the line.

General Information

Closing date for entries is October 20, 2025.

Online entry only at www.feisworx.com. Entry fees must be received by the closing date to avoid late fees.

Entry Fees

- | | |
|-----------------------------------|------------------|
| • Soft Shoe Solos (flat fee) | \$25.00 |
| • Hard Shoe Solos (flat fee) | \$20.00 |
| • Prelim & Adult Championships | \$45.00 |
| • Open & Adv. Adult Championships | \$60.00 |
| • Team Competitions (flat fee) | \$15.00 |
| • Specials | \$15.00 |
| • Family Registration | \$35.00 |
| • Late Entry Fee | \$45.00 |
| • FeisWorx Fee | see feisworx.com |

(Maximum of \$150 entry per family – not including specials, belt competitions, registration fee, late fees)

Requirements:

- Competitions are open to amateurs only.
 - Competitors age will be determined as of January 1, 2025.
 - First Feis competitions are open to any dancers competing in their first feis.
- South Bay Championship is registered under and will follow the rules of the Western United States Region of the Irish Dancing Commission, Dublin, Ireland.

SCHEDULE

Competitions – Order of events is subject to change:

Los Angeles Ballroom

Morning:

Teams
Preliminary Championships
Preliminary Specials

Afternoon:

Open Championships

La Jolla Ballroom

Morning:

Teams
Beginner I / Beginner II Solos & Specials
Novice / Prizewinner / Adult Solos & Specials
Future Champ Special

Afternoon:

Open Championships
Adult Championship
Open Specials

Awards – Championship and Special Awards will be presented throughout the day.

WESTERN U.S. REGION LEVEL DEFINITIONS & ADVANCEMENT

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- In **B1, B2 and Novice** the following will apply:
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 - 10 or more dancers: 1st and 2nd places will advance to the next grade.
 - Dancers may not stay in level at Teacher discretion, with the exception of back-to-back feiseanna.
- **Prizewinner:** Advancement from Prizewinner to Preliminary Championship is at teacher discretion.
- **Preliminary to Open Championship:**
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- **Adults:**
 - Adults are Dancers who started after the age of 18, or who have been out of Youth/&over competition for 5 years.
- **Advanced Adults:**
 - An Advanced Adult dancer is defined as anyone age 18 or older who has previously placed in the top 3 of a Preliminary Championship or competed at the Open Championship level in the youth/&over levels, regardless of when the competitor was last active.
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