



**Oklahoma State Championships and Feis  
May 30-31, 2025**

Presented by: The McTeggart Irish Dancers of Oklahoma  
a 501(c)(3) non-profit

*Syllabus approved by Areleen Ni Bhaoill, TCRG, Southern Region Feis Liaison  
on 1/25/2025*

**Adjudicators: TBD  
Musician: TBD**

**Hilton Garden Inn**  
2833 Conference Drive  
Edmond, OK 73034  
405-285-0900

**Entry Deadline: Friday, May 9, 2025  
Late Entry Deadline: Friday, May 16, 2025**

Online registration can be accessed at: [www.feisworx.com](http://www.feisworx.com)

Feis information can be accessed at: Our Website

For more information contact: [info@mcteggartokc.org](mailto:info@mcteggartokc.org)

### Entry Instructions

**Web Entries** (This method is preferred – no handling fee)

Save paper and postage by using the secure online credit card payment options on <http://www.feisworx.com> or print out the confirmation message generated online and mail it to:

**Oklahoma State Championship and Feis**

c/o FeisWorx PO Box 2046

Parker, CO 80134-1411

**Make checks payable to: McTeggart Irish Dancers of Oklahoma**

**Postmark entries by May 9, 2025**

**Hilton Garden Inn**

2833 Conference Drive

Edmond, OK 73034

405-285-0900

**Booking Link:** <https://www.hilton.com/en/attend-my-event/mcteggartirishdancersmay2025/>

**Group dates:** May 30, 2025 - June 1, 2025

**Group name:** McTeggart Irish Dancers of Oklahoma

**Group code:** G55MID

Reservations must be made by **May 2, 2025**

### ENTRY FEES

Solo dances per Competition \$12.00

Figures (Flat fee) \$15.00

Preliminary Championships (2 rounds, no set dance) \$50.00

Open Championships (3 rounds) \$55.00

Adult Championships (3 rounds) \$55.00

Non-Dance Competitions (Art, Music, Vocal) \$15.00

Trophy Special \$15.00

All other Specials \$15.00

Family Max\*\*\* \$130.00

Family Event Fee \$25.00

**Late Entry Fee between May 9<sup>th</sup> and May 16<sup>th</sup> is \$25.00 plus the cost of the dance**

**After May 16<sup>th</sup> the late fee is \$50 plus the cost of the dance**

**Additions after Friday, May 16<sup>th</sup> are subject to the \$50 late fee plus the cost of the dance.**

**Changes made the weekend of the feis must be made between 2-5pm on Saturday, May 31<sup>st</sup> no exceptions.**

**NO "DAY OF" ADDITIONS OR CHANGES**

FeisWorx Family Fee (includes online results for all dancers) \$9.75

*\*\*\*Family Max does not include specials, figures, second chance or event fee.*

## **SCHEDULE**

- Friday, May 30<sup>th</sup> Competitions - Music and vocal begin at 7 p.m.
- Saturday, May 31<sup>st</sup> – 8 a.m. competition starts with all figures and ceili. We will then move to grades competitions. The soft shoe reel special for grades will run before we start the hard shoe portion of grades. Non-champ double reels will run after the completion of grades. Lunch Break. Traditional Set Perpetual Trophy Competitions will start right after lunch. PC and OC competitions start at the completion of the traditional set comps and will run from youngest to oldest. All champ specials are at the end of the day.

Schedule subject to change, please verify on website.

Art competition entries must be turned in at Registration by **Friday, May 30<sup>th</sup> at 8:30 p.m.**

### **Registration Pick Up:**

Friday, May 30, 2025, 7:00 p.m. – 9:00 p.m.

Saturday, May 31, 2025, 7:00 a.m. – 5:00 p.m.

Sunday, June 1, 2025, 7:00 a.m. – 10:00 a.m.

### **Solo Competitions: Solo Competition Requirement: 32 bars**

<b>Beginner I</b>	<b>U5</b>	<b>U7</b>	<b>U9</b>	<b>U11</b>	<b>U13</b>	<b>U15</b>	<b>U17</b>	<b>17&amp;O</b>
Reel	205RL	207RL	209RL	211RL	213RL	215RL	217RL	218RL
Light Jig	205LJ	207LJ	209LJ	211LJ	213LJ	215LJ	217LJ	218LJ
Slip Jig	205SJ	207SJ	209SJ	211SJ	213SJ	215SJ	217SJ	218SJ
Single Jig	205SN	207SN	209SN	211SN	213SN	215SN	217SN	218SN

<b>Beginner II</b>	<b>U5</b>	<b>U7</b>	<b>U9</b>	<b>U11</b>	<b>U13</b>	<b>U15</b>	<b>U17</b>	<b>17&amp;O</b>
Reel	305RL	307RL	309RL	311RL	313RL	315RL	317RL	318RL
Light Jig	305LJ	307LJ	309LJ	311LJ	313LJ	315LJ	317LJ	318LJ
Slip Jig	305SJ	307SJ	309SJ	311SJ	313SJ	315SJ	317SJ	318SJ
Single Jig	305SN	307SN	309SN	311SN	313SN	315SN	317SN	318SN
Double Jig*	305DJ	307DJ	309DJ	311DJ	313DJ	315DJ	317DJ	318DJ
Hornpipe*	305HP	307HP	309HP	311HP	313HP	315HP	317HP	318HP

*\*Hard shoe is traditional speed only*

<b>Novice</b>	<b>U7</b>	<b>U9</b>	<b>U11</b>	<b>U13</b>	<b>U15</b>	<b>U17</b>	<b>17&amp;O</b>
Reel	407RL	409RL	411RL	413RL	415RL	417RL	418RL
Light Jig	407LJ	409LJ	411LJ	413LJ	415LJ	417LJ	418LJ
Slip Jig	407SJ	409SJ	411SJ	413SJ	415SJ	417SJ	418SJ
Single Jig	407SN	409SN	411SN	413SN	415SN	417SN	418SN
Double Jig*	407DJ	409DJ	411DJ	413DJ	415DJ	417DJ	418DJ
Hornpipe*	407HP	409HP	411HP	413HP	415HP	417HP	418HP

*\*Hard shoe is choice of speed*

<b>Prizewinner</b>	<b>U7</b>	<b>U9</b>	<b>U11</b>	<b>U13</b>	<b>U15</b>	<b>U17</b>	<b>17&amp;O</b>
Reel	507RL	509RL	511RL	513RL	515RL	517RL	518RL
Light Jig	507LJ	509LJ	511LJ	513LJ	515LJ	517LJ	518LJ
Slip Jig	507SJ	509SJ	511SJ	513SJ	515SJ	517SJ	518SJ
Single Jig	507SN	509SN	511SN	513SN	515SN	517SN	518SN
Double Jig*	507DJ	509DJ	511DJ	513DJ	515DJ	517DJ	518DJ
Hornpipe*	507HP	509HP	511HP	513HP	515HP	517HP	518HP

*\*Hard shoe is choice of speed*

### **Adult**

An Adult dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has never placed in the top three in a youth Preliminary championship competition of more than five competitors.

Dancers who are in the Adult categories cannot enter any competition other than Adult specified competitions. A dancer who wishes to return to any category other than Adult

must remain out of Adult competitions until they retire from dancing for five consecutive years.

An Advanced Adult Preliminary dancer is defined as anyone age 18 or older who has previously placed in the top three of a Prelim Championship or competed in Open Champ levels in the youth/& Over levels regardless of when the competitor was active. An Advanced Adult dancer has opted to leave Youth/& Over categories and once the dancer begins competing in Advanced Adult, the dancer may not return to Youth/& Over categories.

#### ADULT DANCERS ARE ALLOWED TO DANCE TRADITIONAL OR OIREACHTAS SPEED DANCES IN THE NOVICE AND PRIZEWINNER GRADE LEVELS

Dancers competing at the Adult Championship level may move to the Advanced Adult Prelim level per teacher's discretion.

All Southern Region feiseanna may combine the Advanced Adult levels into one competition in the event that fewer than five Advanced Adult Preliminary level dancers are entered. For Advanced Adult level dancers to progress from Prelim to Open, youth competition rules apply. A win in any combined Advanced Adult competition of five or more competitors would count towards that progression.

Adult Championships Requirements: Choice of Reel or Slip Jig, Treble Jig or Hornpipe, and Traditional Set. Adults may register for championship and solo competition in their respective grade level(s).

Advanced Adult Prelim Requirements: Choice of Reel or Slip Jig, Treble Jig or Hornpipe.

Advanced Adult Open Requirements: Choice of Reel or Slip Jig, Treble Jig or Hornpipe, and Non-Traditional Set

<b>Adult</b>	<b>Beginner 1</b>	<b>Beginner 2</b>	<b>Novice</b>	<b>Prizewinner</b>
Reel	299RL	399RL	499RL	599RL
Light Jig	299LJ	399LJ	499LJ	599LJ
Slip Jig	299SJ	399SJ	499SJ	599SJ
Single Jig	299SN	399SN	499SN	599SN
Double Jig		399DJ*	499DJ**	599DJ**
Hornpipe		399HP**	499HP**	599HP**

*\*Hard shoe is Traditional speed only.*

*\*\*Hard shoe is speed of choice.*

<b>Adult Championships</b>	699AC
<b>Advanced Adult Preliminary</b>	799AP
<b>Advanced Adult Opens</b>	799AAO

## Championships

<b>Preliminary Championships</b>	<b>U8</b>	<b>U9</b>	<b>U11</b>	<b>U13</b>	<b>U15</b>	<b>U17</b>	<b>17&amp;O</b>
	608PC	609PC	611PC	613PC	615PC	617PC	618PC

*\*Reel (48 bars) or Slip Jig (40 bars) and Double Jig (48 bars) or Hornpipe (40 bars). Boys and girls will be separated if there are 5 or more boys in a competition. Champs will start in softshoe.*

<b>Open Championships</b>	<b>U8</b>	<b>U9</b>	<b>U11</b>	<b>U13</b>	<b>U15</b>	<b>U17</b>	<b>U19</b>	<b>19&amp;O</b>
	708OC	709OC	711OC	713OC	715OC	717OC	719OC	720OC

*\*Reel (48 bars) or Slip Jig (40 bars) and Double Jig (48 bars) or Hornpipe (40 bars), and any Non-Traditional Set Dance. (U9 dances Traditional Set). Boys and girls will be separated if there are 3 or more boys in a competition. Champs will start in softshoe.*

### **Trophy Specials** - Open to ALL level of dancers

*Competitors can choose a traditional set of their choice. Dancers will dance three at a time.*

- U10 will compete for the Pamela J. Schmidt Perpetual Cup
- U12 will compete for the Ann Janet Ballard Perpetual Cup
- U15 will compete for the Maureen McTeggart Hall Memorial Perpetual Cup
- 15 & Over will compete for the Perpetual Sooner Cup

*\*\*\*\*Please note the winners of these competitions will be awarded large perpetual trophies that must be returned the following year.*

<b>Trophy Specials</b>	<b>U10</b>	<b>U12</b>	<b>U15</b>	<b>15&amp;O</b>
Traditional Set Special	810TS	812TS	815TS	816TS

<b>Non-Champ Specials</b>	<b>U9</b>	<b>U11</b>	<b>U13</b>	<b>13&amp;O</b>
Non-Champ Bison Stampede Double Reel Special	809ND	811ND	813ND	815ND
Non-Champ Reel or Slip Jig Special	809NS	811NS	813NS	815NS

<b>Champ Specials</b>	<b>U9</b>	<b>U11</b>	<b>U13</b>	<b>13&amp;O</b>
Champ Hard Shoe Special (Hornpipe or Treble Jig)	809CH	811CH	813CH	814CH
Champ Bison Stampede Double Reel Special	809CD	811CD	813CD	815CD
Champ Reel or Slip Jig Special	809CS	811CS	813CS	815CS

<b>Adult Specials</b>	
Adult Double Reel Special	899AD

### Friday Special Competitions for Music and Vocal will be held at 7:00 pm

<b>Music</b> - Open to all ages. Requirement: play a traditional folk tune from any of the Celtic nations. Performance limited to 3 minutes. Competition will be divided by instrument and age-based upon entries.	<b>800M</b>
<b>Vocal</b> – Open to all ages. Requirement: sing a traditional folk song from any of the Celtic nations. Performance limited to 3 minutes. Competition will be divided by age based upon entries.	<b>800V</b>
<b>Art</b> - Open to all ages. Must be an original piece of artwork by an entrant depicting a Celtic theme or subject. Must be delivered by 8:30 pm on Friday, May 31, 2025.	<b>800A</b>

### Figures and Ceili Dancing

- There are no restrictions on figure age groups.
- Figure age groups will be determined by the oldest dancer.
- Ceili teams (8 hands) are allowed to repeat dancers at all Southern Region feiseanna in accordance with the world and regional Oireachtas rules.
- Feiseanna may add Mixed Ceili in any of the below age groups.
- Ceili teams may perform any figure as outlined in Ar Rinci Ceili- 2014.
- Feiseanna may offer figure dances limited to solo grades (e.g., beginners only, prizewinner/champ only)
- Feiseanna may offer unique figure dance events (original choreography, dance drama, parent/child etc.)

### Figure & Ceili Dancing

<b>Beginner Figures</b>	<b>U7</b>	<b>U9</b>	<b>U11</b>	<b>U13</b>	<b>U16</b>	<b>16&amp;O</b>
2 Hand Reel	9207BF	9209BF	9211BF	9213BF	9215BF	9216BF
3 Hand Reel	9307BF	9309BF	9311BF	9313BF	9315BF	9316BF
4 Hand Reel***	9407BF	9409BF	9411BF	9413BF	9415BF	9416BF
6 Hand Reel	9607BF	9609BF	9611BF	9613BF	9615BF	9616BF
8 Hand Reel***	9807BF	9809BF	9811BF	9813BF	9815BF	9816BF

\*\*\* Must be a book dance.

Open Figures	U7	U9	U11	U13	U16	16&O
2 Hand Reel	9207OF	9209OF	9211OF	9213OF	9215OF	9216OF
3 Hand Reel	9307OF	9309OF	9311OF	9313OF	9315OF	9316OF
4 Hand Reel***	9407OF	9409OF	9411OF	9413OF	9415OF	9416OF
6 Hand Reel	9607OF	9609OF	9611OF	9613OF	9615OF	9616OF
8 Hand Reel***	9807OF	9809OF	9811OF	9813OF	9815OF	9816OF

\*\*\* *Must be a book dance.*

## **SOUTHERN REGIONAL DANCING COMPETITION RULES**

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.

2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. A feis can only accept entries from pupils of teachers registered with An Coimisiun and registered with both the IDTANA and the North American region in which they reside.

3. A competitor may be disqualified for any of the following reasons:

a. Conduct unbecoming a lady or gentleman.

b. Failure to report on time to compete. (Penalty: disqualification from said event)

c. Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.

Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all registered Feiseanna for a period of one year beginning at the date of the occurrence.

4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This does not pertain to a situation where competitors are involved in stage conflicts, and such conflicts will be handled by the stage monitor.

5. Steel taps or “bubble” heels on dancing shoes and any display of awards is prohibited. Authentic Gaelic dress is desired.

6. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt/pants and top. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.

7. Competitor's number must be worn and visible to adjudicators when performing in all competitions. Use of reflective plastic number covers is discouraged.

8. The number of awards given is determined by the Feis Committee and is based on the scores and ranks given by the adjudicator(s).

9. Complaints must be in writing stating names and other factual information and signed by the complainant. A \$50.00 fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.

10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property and/or rental property will be punishable by law.



11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.

12. All Feiseanna must have a process to allow parents to request that their child or children's name(s) not be listed on the posted competitor list prior to the day of the Feis.

13. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and include the entry fee for entry to be accepted. Failure to do so will result in a rejected entry. Entries must be received on or before the closing date or they will be subject to a late fee of \_\_\_\_\_ (Determined by the Feis).

14. With the exception of First Feis and Beginner 1 the status of the dancer does not change unless there are five or more dancers in the competition.

15. Photography

a. With the exception of First Feis, Beginner 1 and Beginner 2 (or their equivalent), photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden.

b. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved.

c. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location:

i. away from the dancing stages and,

ii. requested by a consenting parent, guardian, or dancer (over the age of 18).

16. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year, an exception is made for those dancers who are 11 dancing in the under 12 age group.

17. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.

## **GRADE LEVEL RULES**

1. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner), Adult and Master competitions:

a. Must compete in their own age group.

b. Must be prepared to perform two steps in each event.

2. With the exception of First Feis and Beginner 1, a dancer's level is determined in each dance (Reel, Light Jig, Single Jig, Slip-Jig, Hornpipe, Treble Jig, and Traditional Set). Traditional Set Dances are limited to those dances determined by An Coimisiun Le Rince Gaelacha as traditional set dances.

3. A Feis Committee may combine competitions if there are less than 5 competitors entered as follows:

a. Three consecutive age groups, if including the youngest or oldest multi-year age groups, or up to five consecutive single-age groups, combined into the highest age group, within that grade.

4. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region.

5. The syllabus is to contain all grade categories.

6. Competitors have the option to remain in the same category for the remainder of the Feis year.

7. A dancer, at the discretion of the teacher, may move into the next Grade (not Open Championships) without satisfying the requirements. However, once a dancer competes in the higher level, they can never move back to a lower category, (except as outlined in Rule 1, above).

#### 8. Grade Levels

a. **First Feis:** A dancer who has never competed in a Feis. A dancer can only be in this category for a single day and cannot compete at any other level in the Feis. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.

b. **Beginner I (Beginner) Grade:** A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Beginner 2/Advanced Beginner category the next year. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.

c. **Beginner 2 (Advanced Beginner) Grade:** An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.

d. **Novice Grade:** A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance. In Novice competitions with 20 or more dancers, a dancer who wins 1st or 2nd place in a dance will advance to the Open/PW category in that particular dance (Dec 2012)

e. **Open Prizewinner Grade:** A competitor who does not qualify as a beginner, advanced beginner or as a novice.

f. **Adult:** An Adult dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has never placed in the top three in a youth Preliminary championship competition of more than five competitors.

9. First Feis (if offered), Beginner I, and Beginner 2 are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.

10. The following dance speeds must be adhered to:

	First Feis	Beg 1	Beg 2	Novice	Prizewinner
Reel	122	122	122	113	113
Light Jig	115	115	115	115	115
Slip Jig	122	122	122	113	113
Single Jig	124	124	124	124	124
Treble Jig			92	73/92	73/92
Hornpipe			138	113/ 138	113/138

Traditional Sets	Traditional Speed
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St. Patrick's Day	94
Blackbird	144
Job of the Journeywork	138
Three Sea Captains	96
Garden of Daisies	138
Jockey of the Fair	90
King of the Fairies	130

11. First Feis, Beginner 1 and Beginner 2 perform only basic steps to coincide with the Grade Exam Syllabus.

12. Dancers competing in the First Feis category are limited to participating in the First Feis Category only.

## **CHAMPIONSHIP LEVEL RULES**

1. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into Open Championship must stay a minimum of 2 years. If after 2 years, they have not placed they are allowed to return to Preliminary. An Open Championship dancer who places is not allowed to return to Preliminary until 2 years after their last placement. The regional syllabus where the Feis is being held may have different qualification for entry

2. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances and Specials, ie Treble Reel competitions, etc.

a. Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e. two first place wins.

b. Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship. 3. Preliminary Championship

### **3. Preliminary Championship**

a. Are open to those who at any CLRG-registered Feis:

i. Have placed first in both an Open (Prizewinner) light and heavy shoe competition, and...

ii. Have never won First, Second, or Third in Open Championship.

b. A dancer who lives in the Southern Region and who wins 1st place in a second Preliminary Championship Competition in an Region MAY move up to Open Championship Competitions immediately, at the discretion of their dancing teacher.

c. A dancer who lives in the Southern Region and who wins 1st place in a second Preliminary Championship Competition MUST move up to Open Championship competitions no later than the one calendar year anniversary or the second Preliminary Championship win.

d. Preliminary Championship Competition with 26 or more competitors may be split in half according to age. \*In Preliminary Championships- Separate boys into a separate competition if there are (5) or more boys entered in a specific competition within a single age group

4. If three (3) or more boys are entered in a specific age group in a combined Open Championship competition, the boys and girls MUST be split competitions.

5. Every competitor in Preliminary or Open Championships must have a minimum of 8 rotations or 10 minutes between each of their rotations.

## **FIGURE/CEILI TEAM RULES**

1. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced.
  - a. There are no restrictions on figure age groups
  - b. Figure age groups will be determined by the oldest dancer.
  - c. 8 hand teams are allowed to repeat dancers at all Southern Region feiseanna in accordance with the World and Regional Oireachtas rules.
2. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.
3. Only dancers who meet the definition of “Adult dancer” may compete in Adult Ceili competitions. Masters level solo dancers competing in a Ceili must compete in the Youth Ceili categories.
4. In the event that the same organization is running 2 feiseanna in one weekend, the following may occur:  
Figure and Ceili competitions may be offered at only one of the feis' on that weekend.

### **ADJUDICATORS & MUSICIANS**

1. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
2. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
3. In matters pertaining to adjudication, the decision of the adjudicators is final.
4. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
5. Championships and Preliminary Championships require at least three adjudicators.
6. Each Feis is required to list their adjudicators on their syllabus and/or website at least three weeks before the close of entries, one-third of which are to be from outside the region where the Feis is being held.

### **COSTUME RULES**

1. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner I and Beginner 2 or their equivalent) up to and including the under 12 age group. Make-up (including false eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.

Clarification: Both make up rules refer to the age group of the competition, not the actual age of the dancer. For example, 9-year-old dancers, competing in a team that is entered Under 12, may wear make-up or at a feis where the youngest Open Championship age group is Under 11, then all dancers in that competition may wear make-up. These rules must also be announced from side stage at the event. Participants should be reminded that should they be in breach of these rules and be required to remove their make-up, that they risk missing their rotation in the competition.

2. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.

3. Competitors in competitions at the First Feis (if offered), Beginner I and Beginner 2 Grade will wear only the competitor's dancing school costume or a skirt/pants and top.

4. Costume Length: Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition.

5. When wearing body suits with skirts (commonly known as black-out attire) black tights (of a denier NOT less than 70%) must be worn from the age of 14 and above. Effective date: 1st February 2020

## **MODESTY RULES**

### **FROM AN COIMISIUN:**

Changing costumes, dressing and undressing of dancers will not be acceptable in the halls or public areas. For the sake of modesty and in the interests of safety of young people, dancers will not be permitted to walk around the feis scantily dressed.

Respect for fellow competitors on stage is a requirement at all times.

Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.

Length of costume must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to wear black tights (of a denier not less than 70 percent) in order to continue in the competition. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators on the panel must agree to asking the dancer to wear tights. Effective March 1, 2022.

Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage. Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator all adjudicators on the panel must agree to ask the dancer to put on tights. Effective March 1, 2022

**The Feis WILL NOT give any refunds for any reason including consequences for violations of these rules.**