



Sunday, August 28, 2016

The St. Louis Union Station Hotel by DoubleTree
1820 Market St. One Union Station
St. Louis, MO 63103

Feis Limits:
650 non-champs
250 PC/OC

Host Hotel
The St. Louis Union Station Hotel by DoubleTree
1820 Market St. One Union Station - St. Louis, MO 63103 - (314) 621-5262

Pre-Registration Friday and Saturday, August 26 and 17, at the the hotel.

Check-in Sunday beginning at 7:00 am
Feis begins promptly at 8:00 am with figure dancing
Feis Committee will provide a timetable for all categories First Feis through Open Championship two days before the event.
Feis Committee reserves the right to start a competition earlier than posted time.

Instrumental and Vocal Competitions will be Sunday, August 28, Drop-in from 8-11 am.
Arts and Craft and baking items must be submitted on Sunday by 10:00am. Results to be available on Sunday by 3:00pm.

Entries will be accepted online at www.FeisWorx.com beginning on Sunday, May 23, 2016.
Figure Competitions should be entered on feisworx.

Registration will be closed on August 12, 2016.

Where applicable and allowed dancers will dance three at a time.

Member of the North American Feis Commission President Lori Seeman, Detroit, MI
Member of An Coimisiun, Dublin, Ireland

PRELIMINARY CHAMPIONSHIPS

A dancer who wins 1st place in each of the Open dances (reel, slip-jig, treble jig, and hornpipe) can move into Preliminary Championships with teacher's permission. Boys and Girls will compete against each other, however if there are at least 5 boys entered, the boys will be moved into a separate competition. In cases where a Feis elects to split a competition due to a large entry, the split must be done by birth date age in the same manner as the North American Championships.

Dancers will perform 48 bars of the reel or 40 bars of the slip-jig **and** 40 bars of the hornpipe or 48 bars of the treble jig.

Preliminary Championship will be judged and scored by all 3 judges. In addition, awards will also be posted for each solo round (light and heavy round) based on the scores of one judge (different judges scores for light and heavy).

	U9	U10	U11	U12	U13	U14	U15	U16	U17	O17
Preliminary Championship	609PC	610PC	611PC	612PC	613PC	614PC	615PC	616PC	617PC	618PC
Treble Reel *	610TR		612TR		614TR		616TR		618TR	

Prelim & Open SPECIALS

*Dancer must enter specials in level of entry. One step, right and left down the line. Boys & Girls Merged for Specials. Will be danced at the conclusion of all champ competitions.

	U12	O12																
Reel Special	712RSP	713RSP																
Slip Jig Special	712SSP	713SSP																
Treble Jig Special	712TSP	713TSP																
Hornpipe Special	712HSP	713HSP																

CHAMPIONSHIPS

A dancer who wins two First Place awards in one calendar year will move on to Open Championship the following year, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. Placing in a Regional or National Oireachtas does not change the status of a competitor.

Dancers will perform: 48 bars of reel or 40 bars of slip-jig, 40 bars of the hornpipe or 48 bars of the treble jig, and a Set Dance. A Feis may elect to have a recall of 50% of the competitors for the set-dance round if there are over 20 dancers in the competition.

Open Championship will be judged and scored by all 3 judges. In addition, awards will also be posted for each solo round (light, heavy, and set) based on the scores of one judge (different for each round).

	GIRLS / LADIES						BOYS / MEN				
	U10	U12	U14	U16	U18	O18	U11	U13	U15	U17	O17
Championship	710OC	712OC	714OC	716OC	718OC	719OC	761OC	763OC	765OC	767OC	768OC

NOTE: A dancer who has not received a legitimate placing (sufficient competitors within the normal placing scale) along with a dancer who has not placed in Open Championships for two consecutive years, may return to their previous competition level. For example, an Open Championship dancer that does not place in two consecutive years may return to Preliminary Championships, the same as a Preliminary dancer who does not place can return to Prizewinner.

	GIRLS and BOYS				
	U12		U16		O16
Treble Reel *	712TR		716 TR		719TR

"Show Me State Reel"

*****Show Me State Reel may be entered via the Missouri State Championships Website OR pay cash on the spot on the day of the competition!*****

Dance to some of your favorite songs and have a blast with Irish Dance in a not so serious way.
No costumes or wigs needed. One step down the line. Fun awards and sashes!

This competition is danced on Saturday August 29 at the conclusion of all competitions.
Music selections TBD and posted on Feisworx.

916 RNR Under 10

917 RNR Under 13

918 RNR 13 & Over

ADULT		Beginner 1 & 2 hard shoe dances will be at traditional speeds. Novice /Prizewinner hard shoe dances can be done at either traditional or slow speeds.	
A dancer over the age of 18 who has not danced in the above described competitions for a period of five years. Dancers who are in the Adult categories cannot enter any competition other than Adult specified competitions. A dancer who wishes to return to any category other than Adult must remain out of Adult competitions until they retire from dancing for five consecutive years.			
	BEGINNER 1 AND 2	NOVICE/PRIZEWINNER	
REEL	835RL	855RL	
LIGHT JIG	835LJ	855LJ	
SINGLE JIG *	835SN	855SN	
SLIP JIG	835SJ	855SJ	
TREBLE JIG	835TJ	855TJ	
HORNPIPE	835HP	855HP	
TRADITIONAL SET *	835TS	855TS	
REEL SPECIAL	835RSP	855RSP	
SLIP JIG SPECIAL	835SSP	855SSP	
TREBLE JIG SPECIAL	835TSP	855TSP	
HORNPIPE SPECIAL	835HSP	855HSP	
PARENT CHILD Any 2, 3 or 4 hand compete against each other. All ages welcome	865	865	

FIGURE DANCING/CEILI DANCING							CEILI DANCING		
	<u>2 HAND REEL</u>	<u>3 HAND REEL</u>	<u>4 HAND REEL/JIG</u>				<u>6 Hand Ceili Dance</u>	<u>8 Hand Ceili Dance</u>	
Under 7	921	931	941				Under 8	961	981
Under 9	922	932	942				Under 10	962	982
Under 11	923	933	943				Under 12	963	983
Under 13	924	934	944				Under 15	964	984
Under 15	925	935	945				Over 15	965	985
Over 15	926	936	946				Adult	966	986
Parent/Child	865								
				<p>Figure Dancing: Teachers or team captains are responsible that their teams are complete and in position when the competition is announced.</p> <p>There are no restrictions on figure age groups. (Effective December 2014)</p> <p>Figure age groups will be determined by the oldest dancer. (Effective December 2014).</p> <p>Ceili teams (8 hands) are allowed to repeat dancers at all Mid-West feisanna in accordance with the world and regional Oireachtas rules.</p>					

Figure and ceili entries must be made on Feisworx

MUSIC, SINGING, ARTS AND CRAFTS, AND BAKING RULES

Instrumental and Vocal Competitions will be Sunday, August 28th, Drop-in from 8-11 am.

Arts and Craft and baking items must be submitted Sunday by 10am at registration.

Results to be available on Sunday by 3:00pm.

		10 & Under	12 & Under	13 & Over
Fiddle/Harp	Beginner	1611	1612	1613
	Advanced	1614	1615	1616
Tin Whistle/Flute	Beginner	1617	1618	1619
	Advanced	1620	1621	1622
Bodhran/ Accordians/ Concertina	Beginner	1623	1624	1625
	Advanced	1626	1627	1628
Singing	Beginner	1629	1630	1631
	Advanced	1632	1633	1634
Arts and Crafts			1635	1636
Baking			1637	1638

MUSIC, SINGING, ARTS AND CRAFTS, AND BAKING RULES

1. Only traditional music will be accepted.
2. Music classifications are: reels, jigs, (double, slip, and single), hornpipe, airs, marches, and polkas - set dance.
3. Electronic or amplified instruments will not be permitted.
4. A tin whistle must have a metal body, a plastic tip, and only 6 holes.
5. A beginner is anyone who started playing a particular instrument after Jan.1, 2016.
6. Beginners will play one piece from one of the above classifications.
7. Advanced competitors will play 2 pieces of contrasting tempo.
8. Entrants may compete in only one category for each instrument.
9. Vocal competitors must have two traditional songs in rhythmic contrast.
10. Arts and Crafts and Baking competitors may enter only their own work in competition.
11. Results will be posted by 3:00pm on Sunday.

Fees for the 2015 Greater St. Louis Feis

Solo Dancing	\$9.00 per dance entered
Treble Reel	\$9.00
Specials	\$9.00
Tir na Nog	\$9.00
Preliminary Championship	\$40.00 per competition entered
Championship	\$50.00 per competition entered
Music	\$9.00 per competition
Arts & Crafts/Baking	\$9.00 per competition
Vocal	\$9.00 per competition
Family Maximum	\$125.00 (does NOT include Figure Dances or Treble Reel)
Family Fee	\$20.00
Figures	\$9.00 per competition (not included in Family Max- Figure entries must be made on feisworx.)
Late Fee (per dancer)	\$20.00

DANCING COMPETITION RULES

Adopted By The North American Feis Commission, 2010, WITH MIDWEST REGIONAL VARIATIONS, Updated 9/15/2014, Effective 12/1/14.

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. All dancers must be pupils of a person currently registered with An Coimisiun as a Dancing Teacher of any category.
3. A competitor may be disqualified for any of the following reasons:
 - a) Conduct unbecoming a lady or gentleman.
 - b) Failure to report on time to compete. (Penalty: disqualification from said event)
 - c) Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.

Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all NAFC – registered Feiseanna for a period of one year beginning at the date of the occurrence.

4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This does not pertain to a situation where competitors are involved in stage conflicts, and such conflicts will be handled by the stage monitor.
5. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner) competitions:
 - (a) Must compete in their own age group.
 - (b) Must be prepared to perform two steps in each event.
 - (c) Cannot change competition on the day of the Feis.

With the exception of First Feis and Beginner 1, a dancer's level is determined in each dance (Reel, Light Jig, Single Jig, Slip-Jig, Hornpipe, Treble Jig, and Traditional Set). Traditional Set Dances are limited to those dances determined by An Coimisiun Le Rince Gaelacha as traditional set dances.

6. Steel taps or "bubble" heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt and blouse. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Competitor's number must be worn and visible to adjudicators when performing in all competitions, except in Championships. Use of reflective plastic number covers is discouraged.
8. Awards will be determined in proportion to the number of entries in each competition and to the degree of proficiency shown.
9. Complaints must be in writing stating names and other factual information and signed by the complainant. A \$25.00 fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.

10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law.
11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and enclose the entry fee when mailing. Failure to do so may result in a rejected entry. Entries must be postmarked on or before the closing date or they will be subject to a late fee as determined by the Feis.
13. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances. Entrants in Championships should specify, on the entry form, their choice of soft shoe, hard shoe, and set dance. Entrants cannot change competition or category on the day of the competition.
 - (a) Dancers must qualify for open championship via the method now in place for preliminary championship, i.e. two 1st place wins.
 - (b) Dancers must compete in the preliminary championship competition in order to qualify for open championship
 - (c) The regional syllabus where the Feis is being held may have different qualifications for entry.
14. Combining male and female dancers in any age category is left to the discretion of each region of the IDTANA. Competitions may be combined with the next higher age group if there are less than 5 competitors entered. Competitions can only be combined up (or down) one age group.
15. Boys and girls CANNOT be combined EXCEPT according to the following:
 - (a) All boys competitions below Preliminary Championships shall be initially entered in single year age groups;
 - (b) If there are less than 5 entries in any one age group, combination of the competitions shall be done according to the following rules, in order of preferential application:
 - (1) Into double age groups, all boy or all girl; and
 - (2) If a double age group does not create 5 or more entries, the boys shall instead be combined into the corresponding single year girls' age group; and
 - (3) Any competitions so combined shall be run as a single competition.
16. Preliminary Championships are open to those who, at any NAFC recognized Feis:
 - (a) Have won 1st place in both an open/prizewinner light and heavy shoe competition, and
 - (b) Have never won 1st, 2nd or 3rd in Open Championship. A dancer who wins two first place awards will move on to Open Championship at the next Feis they enter, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men), and a hard shoe dance. A Feis can opt to offer either a) a set dance or b) a jig/hornpipe.
 - (c) The regional syllabus where the Feis is being held may have different qualifications for entry.
17. Championships and Preliminary Championships require at least three adjudicators.
18. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into open championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to preliminary. An open championship dancer who places is not allowed to return to preliminary until 2 years after their last placement. The regional syllabus where the Feis is being held may have different qualifications for entry.
19. The status of the dancer does not change unless there are five or more dancers in a competition.
20. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region. The syllabus is to contain all grade categories. A Feis Committee may combine two consecutive age categories into the higher of the two categories within that grade when less than five (5) competitors are entered. (See Rule 14, above). Competitors have the option to remain in the same category for the remainder of the Feis year. A dancer, at the discretion of the teacher, may move into the next Grade (not Open Championships) without satisfying the requirements. However, once a dancer competes in the higher level, they can never move back to a lower category. [except as outlined in Rule 18, above).
21. Grade Levels:

Beginner 1 (Beginner) Grade: A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Beginner 2/Advanced Beginner category the next year.

Beginner 2 (Advanced Beginner) Grade: An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement.

Novice Grade: A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance.

Open Grade (Prizewinner): A competitor who does not qualify as a beginner, advanced beginner or as a novice.

Adult Beginner: An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.

22. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
23. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
24. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced.
 - There are no restrictions on figure age groups. (Effective December 2014)
 - Figure age groups will be determined by the oldest dancer. (Effective December 2014).
 - 8 hand teams are allowed to repeat dancers at all Mid-West feisanna in accordance with the world and regional Oireachtas rules.
25. In matters pertaining to adjudication, the decision of the adjudicators is final.
26. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
27. First Feis (if offered), Beginner 1, and Beginner 2 are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.
28. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction
29. With the exception of First Feis, Beginner 1 and Beginner 2 (or their equivalent), photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location: (a) away from the dancing stages and, (b) requested by a consenting parent, guardian, or dancer (over the age of 18).
30. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
31. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner 1 and Beginner 2 or their equivalent) up to and including the under 12 age group.
32. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.
33. Each Feis is required to list their adjudicators on their syllabus and/or website at least three weeks before the close on entries, one-third of which are to be from outside the region where the Feis is being held.
34. Competitors in girl's competitions at the First Feis (if offered), Beginner 1 and Beginner 2 Grade will wear only the competitor's dancing school costume or a skirt and blouse.
35. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.
36. In order to compete in Mid-America feiseanna, dancers from the youngest age group up to and including Under 9 in all categories must follow our regional guidelines for U8 and U9 costume rules. **This will go into effect January 2015.**

Effective January 2015, at all Mid-America region feiseanna, boys and girls competing in age groups up to and including Under 9 must follow the costume rule as stated:

MID-AMERICA REGION COSTUME RULE

- Dresses may be one piece or two pieces.
- No animal prints.
- No low cut necklines.
- No decorations including rhinestones or sequins of any kind.
- No reflective fabric (this does not include satin).
- No embellishments.
- Base material and appliqué materials must be solid colors.
(No plaids, stripes, patterns, flowers or reflective materials, etc).
- Any embroidery and appliqué used on the dress must be of a traditional nature.
- Length must comply with An Coimisiun.
- No jewelry.
- Plain satin bows in the hair are allowed but bows may not be attached to the dress or used for a cape.

- Plain colored satins that do not include sequins, glitter, or crystals are permitted.
- Buckles are allowed on shoes that do not include rhinestones.
- All current school costumes are grandfathered into the rule regardless of threads or materials. All rhinestones would need to be removed. (Jan 2012)
- The costume rule applies to class costumes worn for solo competitions.
- All of the above applies to headpieces, socks and shoes.
- This rule applies for Boy and Girl Solo Championships and Traditional Set competitions at the Mid-America Oireachtas.
- The above Under 8 Rule was approved to include the Under 9 age group (Jan 2012).

The consequence for not following the Mid-America Region costume rule is as follows:

- The dancer will not be allowed to dance in a costume that is in violation of the rule but will be permitted to dance wearing an alternative costume that adheres to the rule.

RULES SPECIFIC TO THE GREATER ST. LOUIS FEIS

1. Figure dancing can only be entered on feisworx.
2. All traditional sets will be danced 3 at a time for all age groups.
3. Parents are responsible for their children's safety. The Greater St. Louis Feis, its members, and the Hilton at Union Station are not held liable for any injury that occurs at this event. By entering you hold harmless all of the above.
4. The feis has the option of combining and splitting competitions as necessary and will combine boy and girl competitions if there are fewer than 5 competitors in accordance with Rule 14 above. Competitions may also be combined up one age group to ensure 5 competitors per competition. All dancers in age groups up to and including Under 13 may dance 3 at a time.
5. No refunds will be given. Checks returned by the bank will incur a charge of \$25.00.
6. Entries for the Greater St. Louis Feis will be available ONLY online through www.feisworx.com beginning May 17, 2016. No mail, e-mails, or phone entries will be accepted. For the latest information regarding registration, refer to the Feisworx website. Entries will close on August 12, 2016 or when the cap is met. No entries will be allowed on the day of the feis.
7. An entry is NOT considered valid until payment is made. Payment may be made online by credit card or check made payable to St. Louis Feis.
8. Late entries will be accepted with a \$20.00 late fee (per dancer) only after August 12, 2016. Absolutely NO ENTRIES after August 24, 2016.
9. In all matters pertaining to adjudicating, the decisions of the judges are final. In all other matters, the decisions of the Feis Committee are final.
10. Competitors are responsible for picking up awards on the day of the feis. Awards will not be mailed.